

EDU 2033 : TEACHING PHYSICAL EDUCATION

This course is designed to help students understand the need for an effective K – 6 physical education program. It will provide the prospective PK-6 school classroom teacher, as well as the PK-6 physical education specialist, with a knowledge base in the principles of physical fitness, elementary physical education curriculum planning and appropriate selection of physical activities for children. The students will be working with hands-on projects integrating the discipline of physical education and other curriculum subjects found in grades PK-6. Proper nutrition for the elementary student will also be discussed.

Credits 3

Lecture Hours 3

Lab Hours 0